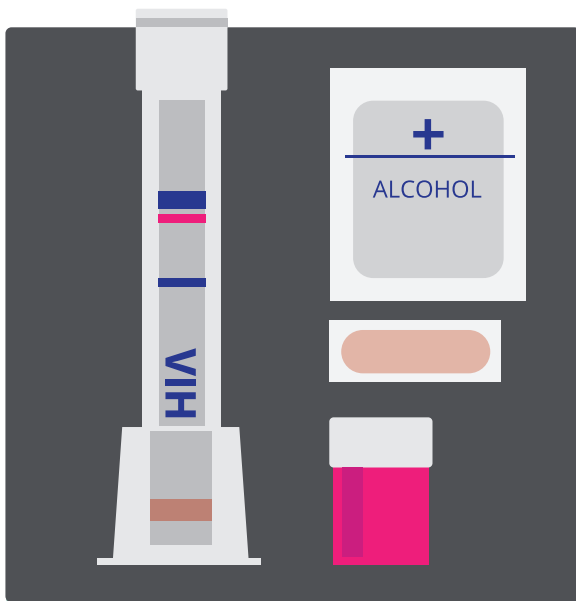


The HIV Self Test is a test for detecting HIV antibodies that can be done in the privacy of your home.

## HIV SELF TEST



In Spain, **the HIV test is readily and freely available at an extensive network of healthcare and community centres. Some people, however, prefer to do the test themselves in the privacy of their own home.**


To do this, **you can buy the HIV Self Test without a medical prescription** at a chemist's or online through a chemist's with an online service.


**The result of the HIV Self Test is conclusive if 3 months or more have passed since your last sexual practice involving risk.**

If less time has passed, the test's capacity to detect HIV is less and false negative results may occur. Waiting for 3 months or doing another type of more sensitive test using the public healthcare system is recommended.

The HIV Self Test contains a diagnostic kit that includes a needle for pricking a finger, a disinfecting wipe, a plaster, a device in which to put the blood drop to be analysed and different tools for facilitating the process.

Once the drop has been introduced into the device, wait 15 minutes before reading the results. Do not wait more than 20 minutes.

**C**  **T** **The test generates an easy-to-interpret result** through the appearance of one or several lines. If just the "Control" line appears, the test result is negative.

**C**  **T** If the "Control" line and the "Result" line appear, **the result is positive.**

**C**  **T** If the "Control" line does not appear, **the test result is not valid.**

**If the result of the test is positive, it is very probable you have HIV.** It is important for you to visit a medical centre to do a test to confirm whether or not you are infected.

**For further information about the HIV Self Test,** please call 900 102 833. This telephone information service is confidential, anonymous and free.

**gt** grupo de trabajo sobre tratamientos del VIH  
ENTIDAD DECLARADA DE UTILIDAD PÚBLICA  
ONG DE DESARROLLO

**SUBVENCIÓN**

GOBIERNO DE ESPAÑA / MINISTERIO DE SANIDAD, SERVICIOS SOCIALES E IGUALDAD  
MINISTERIO DE SANIDAD, CONSUMO Y BIENESTAR SOCIAL / SECRETARÍA GENERAL DE SANIDAD Y CONSUMO / DIRECCIÓN GENERAL DE SALUD PÚBLICA, CALIDAD E INNOVACIÓN / SECRETARÍA DEL PLAN NACIONAL SOBRE EL SIDA

FOR SOLIDARITY / OTHER FINES OF SOCIAL INTEREST

Generalitat de Catalunya / Agència de Salut Pública de Catalunya  
Generalitat de Catalunya / Departament de Justícia

Ajuntament de Barcelona / ÀREA DE QUALITAT DE VIDA, IGUALTAT I ESPORTS  
Diputació Barcelona / ÀREA DE BENESTAR SOCIAL

**COLLABORA**

ETIS / EQUIP DE TREBALL SOBRE IMMIGRACIÓ I SALUT  
TROPICAL DRASSANES

 ¿TIENES DUDAS SOBRE EL TEMA? PREGÚNTANOS  
Tel. 93 458 26 41  
consultas@gtt-vih.org