

If you are taking HIV medication and have had an undetectable viral load for over 6 months, it is virtually impossible for you to pass on HIV through sex.

TREATMENT AS HIV PREVENTION



01

A study observed some people with HIV and an undetectable viral load who had stopped using a condom with partners without HIV. Analysis of data from thousands of these partners showed no cases of HIV transmission.

02

After 6 months of undetectable viral load you can also think about having children naturally with your partner. With proper medical monitoring, it is safe both for the partner and for the baby.



03

However, although treatment prevents the transmission of HIV, this argument should never be used to force a person with HIV to start treatment immediately if he or she does not feel ready, nor to discriminate against people with HIV who do not have an undetectable viral load.

gt grupo de trabajo sobre tratamientos del VIH
ENTIDAD DECLARADA DE UTILIDAD PÚBLICA
ONG DE DESARROLLO

SUBVENCIÓN

GOBIERNO DE ESPAÑA / MINISTERIO DE SANIDAD, SERVICIOS SOCIALES E IGUALDAD
FOR SOLIDARIDAD OTROS FINES DE INTERÉS SOCIAL
Secretaría del Plan Nacional sobre el Sida

Generalitat de Catalunya / Agència de Salut Pública de Catalunya
Generalitat de Catalunya / Departament de Justícia

Ajuntament de Barcelona / ÀREA DE QUALITAT DE VIDA, IGUALTAT I ESPORTS
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¿TIENES DUDAS SOBRE EL TEMA? PREGÚNTANOS

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