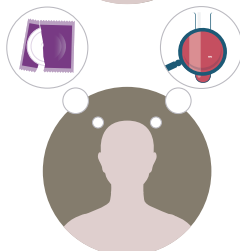
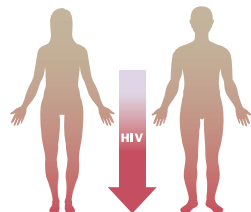


## TRANSMISSION AND VIRAL LOAD



When people with HIV are taking anti-HIV drugs and have an undetectable viral load, it is extremely unlikely that they will pass HIV on to someone else.



**HIV treatment** stops the virus from reproducing and reduces the amount of **HIV in the body**. The amount of HIV is measured by a blood test called a 'viral load' test.

When someone has an **undetectable viral load**, this means that there is hardly any HIV in their body fluids.

When there is hardly any HIV in semen and vaginal fluids, **it is extremely unlikely that HIV will be passed on during sex** – even if condoms aren't used.

If you or your partner has HIV, you may want to **take viral load into consideration when making decisions about sex**.

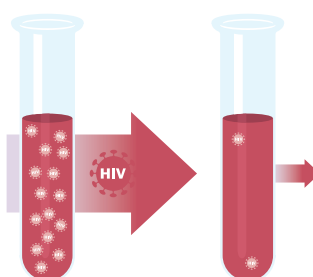
**Not everyone taking treatment has an undetectable viral load, particularly if they:**

- Started treatment in the last few months; or
- often take their treatment late or miss doses.

An undetectable HIV viral load **won't stop other sexually transmitted infections being passed on**. Using condoms lowers the risk.

### IMPORTANT POINTS

- An undetectable viral load shows that HIV treatment is working well and that there is very little HIV in body fluids.
- In this situation, the risk, of HIV being passed on is extremely low.
- If you want to stop using condoms, it is important that both you and your partner are comfortable with the decision.



grupo de trabajo sobre tratamientos del VIH  
ENTIDAD DECLARADA DE UTILIDAD PÚBLICA  
ONG DE DESARROLLO

#### SUBVENCIONA



POR SOLIDARIDAD  
OTROS FINES DE INTERÉS SOCIAL



Secretaría del Plan Nacional sobre el Sida



Generalitat de Catalunya  
Agència de Salut Pública  
de Catalunya



Generalitat de Catalunya  
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¡POR FAVOR FOTOCÓPIALO Y HAZLO CIRCULAR!