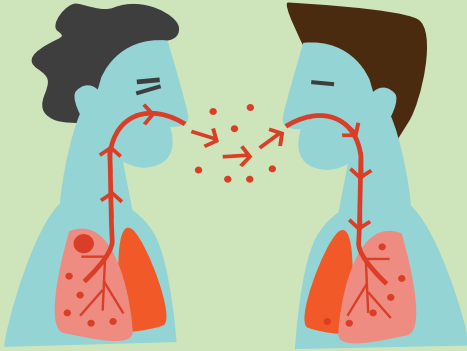


TUBERCULOSIS

Tuberculosis is an infection caused by a bacterium and mainly affects the lungs (although it can infect other parts of the body too).



1

It can pass from person to person through the air, when a person with tuberculosis coughs or sneezes.



Cough lasting more than 15 days



Fever

2

Prisons are closed environments in which many people are forced to live together. This increases the risk of transmission of tuberculosis. Cells and common areas should be kept well ventilated.



Night sweats



Tiredness

3

Symptoms: cough lasting more than 15 days, coughing up blood, fever, night sweats, discomfort, tiredness, loss of appetite, vomiting and/or weight loss.

If you notice any of these symptoms, you should consult the centre's health staff.

4

If you have tuberculosis, try to cover your mouth and nose when you cough or sneeze, do not spit on the floor, use disposable tissues and dispose of them properly, and wash your hands often with soap.



Loss of appetite



Weight loss

5

If you discover that you have tuberculosis, you should tell those people you have been in contact with (including visitors and private visits). This will help protect their health.

6

Curing tuberculosis requires treatment. This lasts several months and must be followed strictly to be able to cure you.