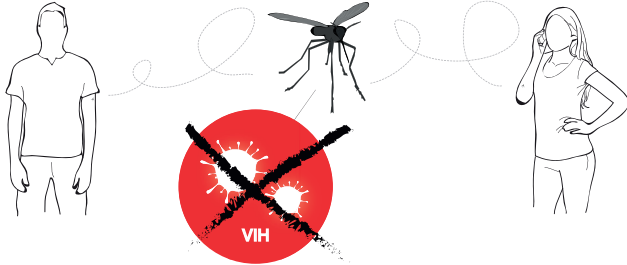
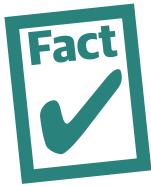
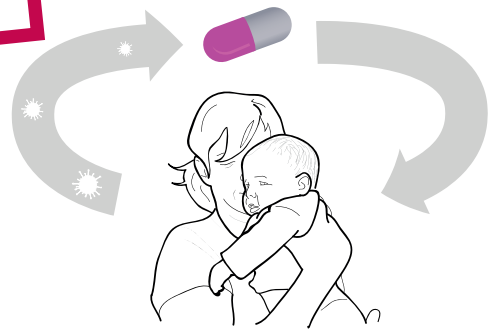




1 HIV can be spread through the bites of mosquitoes or of other insects.



2 People with HIV cannot have children.



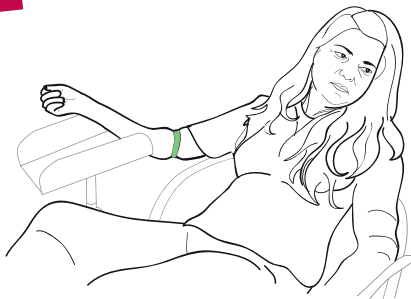
No case of HIV transmission has been recorded through this channel. Even if an insect bites a person with HIV and carries their blood, the virus cannot survive inside the insect and the infection is not spread even if it bites another person.



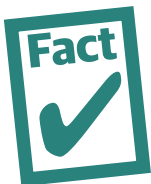
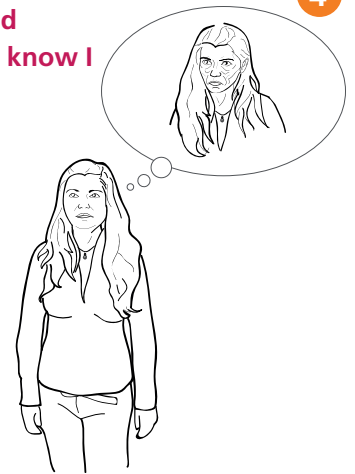
Many people with HIV have become parents and their children have been born without the virus. There are now strategies that enable people with HIV to have children without the virus being transmitted either to their partner or to the baby.



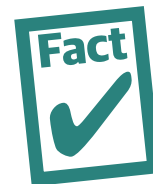
3 Blood tests cause a loss of blood and weaken me.



4 Treatment will change how I look and everyone will know I have HIV.



Blood in the body is constantly being renewed and tests only require the extraction of a very small amount, which is recovered very quickly. Following a good diet and not living a sedentary life will help you maintain a good level of energy. Blood tests are necessary to monitor your state of health.



Many people with HIV are following treatment and have a very healthy appearance. Although the infection and some drugs in the past caused visible changes to the body, antiretroviral medication is now more tolerable and causes fewer side effects. Proper treatment has more advantages than drawbacks.



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POR FAVOR, FOTOCÓPIALO Y HAZLO CIRCULAR

Subvencionado por:



Generalitat de Catalunya
Departament de Salut
Programa de Prevenció i Assistència de la Sida

Ajuntament de Barcelona
Àrea de Qualitat de Vida, Igualtat i Esports

Diputació Barcelona
Àrea de Benestar Social

Colaboran:

