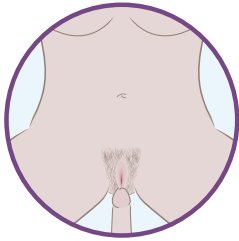
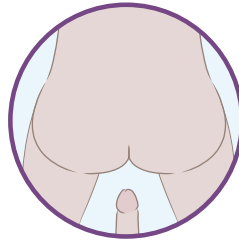


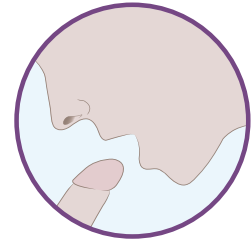
### HIV can be passed on during the following activities:



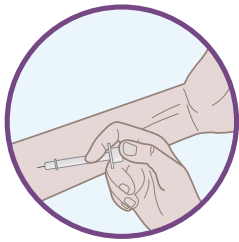
Vaginal sex, without a condom



Anal sex, without a condom



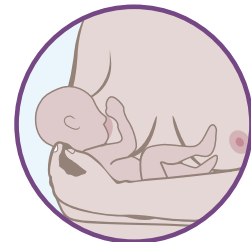
Oral sex (fellatio), without a condom.  
(Transmission happens less often than during vaginal or anal sex).



Injecting drug use, if equipment is shared



During pregnancy or childbirth, if precautions aren't taken

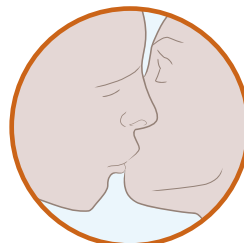


Breastfeeding

### There is no risk of HIV transmission from:



Shaking hands



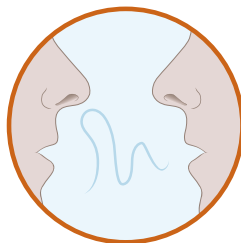
Kissing or hugging



Sharing plates or cups



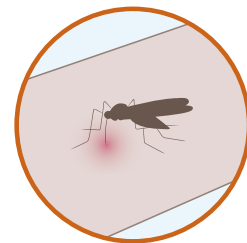
Using a toilet



Breathing the same air



Spitting, sneezing or coughing



Mosquito bites

### Important points

- HIV can only be passed on when one person's body fluids get inside another person.
- Only these body fluids contain enough HIV for transmission to happen: semen, moisture in the vagina, moisture in the anus, blood and breast milk.
- Sexual transmission of HIV can be prevented by using condoms correctly.