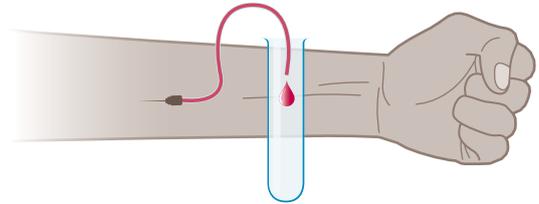


Regular health checks allow you to be sure that you are in good health. A health check can include testing to see if you have HIV.

1 You can test for free at an NHS sexual health clinic, a GP surgery, or a community testing project. When you attend a clinic or hospital for another reason, the doctor may offer you an HIV test.



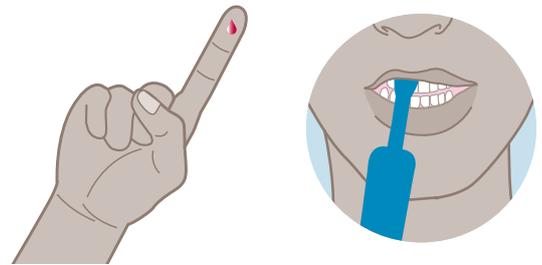
5 For most HIV tests, blood is taken from your arm. Depending on the clinic, the results will be ready a few days later or up to two weeks later.



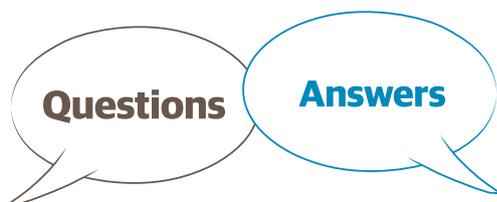
2 Testing is confidential. It takes place in a private room. If you go to a sexual health clinic or a community testing project, you don't need to give your real name.



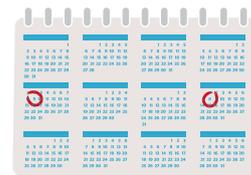
6 Some clinics use a different type of test. This needs either a little blood from your finger or fluid from your mouth. The result will be ready in a few minutes.



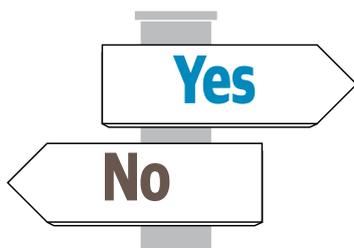
3 Before you test, a member of staff should tell you what the test involves and answer your questions.



7 If you have taken a risk recently, you may be asked to come back for another test in a few months. This is to be sure the result is accurate.



4 You don't have to take the test - it's your choice; it is recommended, though, if you had HIV risk practices.

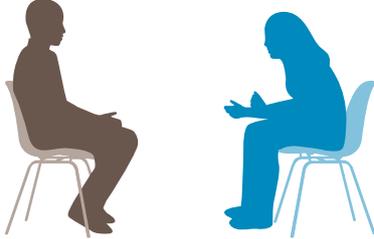


8 When all the necessary tests have been done, the result will be 'HIV negative' (you don't have HIV) or 'HIV positive' (you have HIV).

HIV negative = You don't have HIV

HIV positive = You have HIV

9 If the result is positive, you will be put in touch with medical care and support services.



10 **The result is confidential.**
It will not be given to your family, your employer, the government or the immigration authorities without your permission.



Important points

- Testing for HIV is free, voluntary and confidential.

- Depending on which type of test is used, the result will be available within two weeks or within 30 minutes.

Notes

To find out where you can test in your local area, please visit Cruz Roja Española's directory:

www.cruzroja.es/vih/donde-hacerse-prueba-VIH.html.

'Rapid' HIV tests provide results in 30 minutes or less.

- If the result is 'HIV negative', you don't have HIV and you don't need any more tests.
- If the result is 'reactive' this means that you need to have another blood test done.
- An 'HIV positive' result cannot be given with a rapid test alone.

POR FAVOR, FOTOCÓPIALO Y HAZLO CIRCULAR



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Colaboran:

