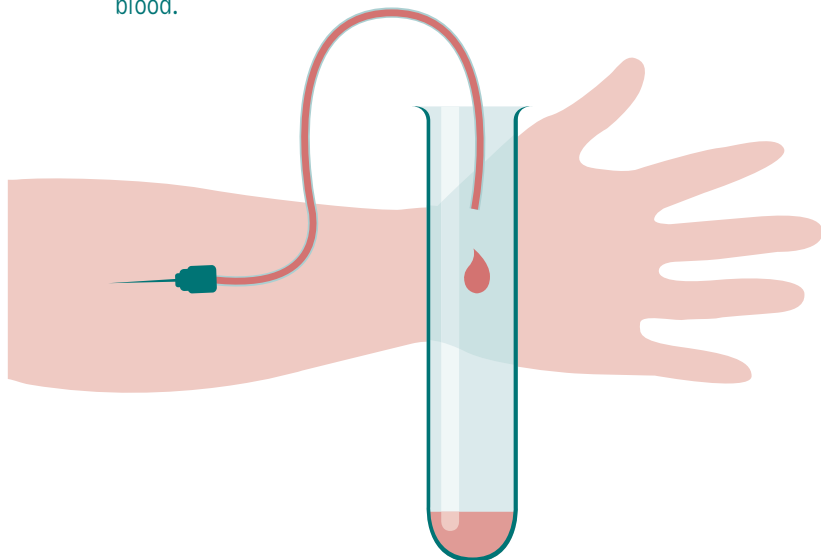
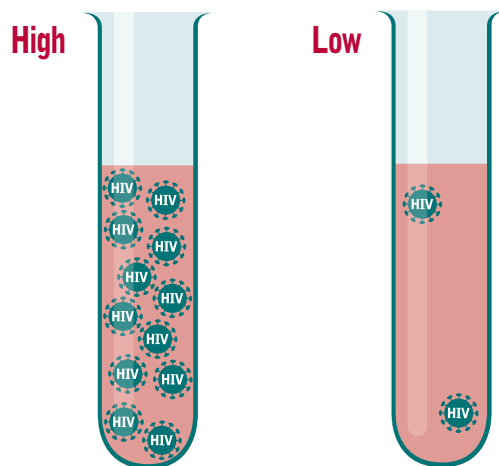


The aim of HIV Low treatment is to have a viral load that is 'undetectable'. But what does that mean and why is it important?

- 1** A viral load test tells you how much HIV there is in a drop of blood.



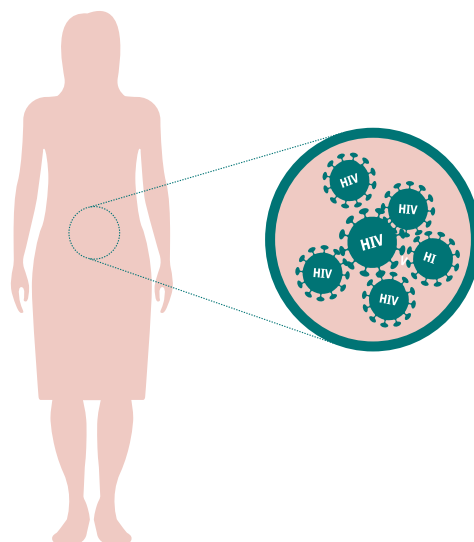
- 2** Test results give you a good idea of whether the amount of HIV is high or low.



- 3** However, the tests can't measure very small amounts of HIV. When you have very little HIV, you will be told that your HIV is 'undetectable'. This means that there was so little HIV in one sample of blood that the test couldn't find any.



- 4** It doesn't mean that HIV has disappeared entirely. It will still be present in other parts of your body, like the gut.



### Important points

● If your viral load result is undetectable, there is only a little HIV in the body.

● The aim of HIV treatment is to have an undetectable viral load. This means that your HIV is being kept under control.

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**POR FAVOR, FOTOCÓPIALO Y HAZLO CIRCULAR**

Subvencionado por:  
 GOBIERNO DE ESPAÑA  
 MINISTERIO DE SANIDAD Y POLÍTICA SOCIAL  
Secretaría del Plan Nacional sobre el Sida

 Generalitat de Catalunya  
**Departament de Salut**  
Pla Director d'Immigració

 Ajuntament de Barcelona  
Àrea d'Acció Social y Ciutadania

Colaboran:  
 ETIS  
 TROPICAL DRASSANES

### Besides

#### Why it's good to have an undetectable viral load

- If you have very little HIV, it won't be able to attack and weaken your immune system, which is the body's natural defence system.
- If your immune system is strong, you are less likely to get infections and illnesses.
- An undetectable viral load reduces your risk of passing on HIV.



### Notes

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