

This sheet is designed to help you keep a note of the drugs you are currently taking. Use it to record any treatment you take, whether it has been prescribed by your doctor, or you have bought it yourself. By showing it to your HIV pharmacist or doctor every time you visit your treatment centre, you can help to avoid drug interactions which may be harmful.

Anti-HIV drugs

Tick any of the following anti-HIV drugs which you are currently taking:

| | | | |
|------------------------------------|--|------------------------------|--|
| Aptivus® (tipranavir) | | Prezista® (darunavir) | |
| Atripla® (efavirenz+tenofovir+FTC) | | Retrovir® (zidovudine, AZT) | |
| Celsentri® (maraviroc) | | Reyataz® (atazanavir) | |
| Combivir® (AZT+3TC) | | Sustiva® (efavirenz) | |
| Crixivan® (indinavir) | | Telzir® (fosamprenavir) | |
| Emtriva® (emtricitabine, FTC) | | Trizivir® (AZT+3TC+abacavir) | |
| Epivir® (lamivudine, 3TC) | | Truvada® (tenofovir+ FTC) | |
| Fuzeon® (T-20, enfuvirtide) | | Videx® (didanosine, ddl) | |
| Intelence® (etravirine) | | Viracept® (nelfinavir) | |
| Invirase® (saquinavir) | | Viramune® (nevirapine) | |
| Isentress® (raltegravir) | | Viread® (tenofovir) | |
| Kaletra® (lopinavir+ritonavir) | | Zerit® (estavudine, d4T) | |
| Kivexa® (abacavir+3TC) | | Ziagen® (abacavir) | |
| Generic lamivudine | | Generic zidovudine | |
| Norvir® (ritonavir) | | | |

Other regularly prescribed medication

List any other treatments that you are taking on a regular basis, e.g. Septrin, Viagra, oral contraceptives:

| Name of drug | How often taken | How many taken |
|--------------|-----------------|----------------|
| | | |
| | | |

Over-the-counter medication

List any treatments you are taking which you buy without a prescription:

| Name of drug | How often taken | How many taken |
|--------------|-----------------|----------------|
| | | |
| | | |

Vitamins, minerals, herbs & supplements

List any of these types of therapies you are taking, e.g. anabolic steroids, carnitine:

| Name of drug | How often taken | How many taken |
|--------------|-----------------|----------------|
| | | |
| | | |

Miscellaneous

List any other drug or therapy or recreational drugs you have taken.

You could keep this information secret by using a codeword which only you and your pharmacist know.

Warning: Do not take St John's Wort (hypericin) if you are also taking anti-HIV drugs.

| Name | How often taken | How many taken |
|------|-----------------|----------------|
| | | |
| | | |



grupo de trabajo sobre
tratamientos del VIH
contact@gtt-vih.org
www.gtt-vih.org
Barcelona (España)

POR FAVOR, FOTOCÓPIALO Y HAZLO CIRCULAR

Subvencio-
nado por:



Generalitat de Catalunya
Departament de Salut
Programa de Prevenció i
Assistència de la Sida

Ajuntament de Barcelona
Àrea d'Acció Social i Ciutadania

Diputació
Barcelona
Àrea de Benestar Social

Colaboran:

